

TRACK EVENTS TIMETABLE

Event No	Time	Event		Final/Heat/ Pentathlon
		Age Group	Discipline	
T1	10.00	U13 girls	70m hurdles	final
T2	10.05	U15 girls	75m hurdles	pent
T3	10.10	U15 girls	75m hurdles	final
T4	10.20	U17 women	80m hurdles	pent
T5	10.25	U15 boys	80m hurdles	pent
T6	10.35	U17 men	100m hurdles	pent
T7	10.40	senior men	100m	pent
T8	10.45	U13 boys	100m	heats
T9	10.55	U13 girls	100m	heats
T10	11.05	U15 girls	800m	heats
T11	11.15	U11 boys	60m	heats
T12	11.20	U11 girls	60m	heats
			COFFEE	
T13	11.55	senior men	100m	final
T14	11.57	senior men vets	100m	final
T15	12.00	U15 girls	100m	final
T16	12.05	U17 women	100m	final
T17	12.10	senior women	100m	final
T18	12.15	U13 girls	100m	final
T19	12.20	U13 boys	100m	final
T20	12.25	U15 boys	100m	final
T21	12.30	U17 men	100m	final
T22	12.35	U11 girls	60m	final
T23	12.40	U11 boys	60m	final
T24	12.45	U13 boys	800m	Time trial
T25	12.55	U15 girls	800m	final
T26	13.00	U15 boys	800m	final
T27	13.05	U13 girls	800m	final
T28	13.10	U11 girls	600m	final
T29	13.15	U11 boys	600m	Time trial
			LUNCH	
T30	14.15	U15 girls	200m	heats
T31	14.20	U15 boys	200m	heats
T32	14.25	U17 men	200m	heats
T33	14.30	U11 boys	200m	heats
T34	14.40	U11 girls	200m	heats
T35	14.45	U13 girls	200m	heats
T36	14.55	U13 boys	200m	heats
T37	15.05	U17 women	200m	heats
			FUN RUN and tea break	
T38	15.35	senior women	200m	final
T39	15.40	senior men	200m	final
T40	15.45	U11 girls	200m	final
T41	15.50	U11 boys	200m	final
T42	15.55	U13 girls	200m	final
T43	16.00	U17 women	200m	final
T44	16.05	U13 boys	200m	final

Event No	Time	Event		Final/Heat/Pentathlon
		Age Group	Discipline	
T45	16.10	U17 men	200m	final
T46	16.15	U15 girls	200m	final
T47	16.20	U15 boys	200m	final
T48	16.25	U15 girls	800m	pent
T49	16.30	U17 women	800m	pent
T50	16.35	U15 boys	800m	pent
T51	16.40	U17 men	800m	final
T52	16.40	U17 men	800m	pent
T53	16.40	senior men	800m	pent

FIELD EVENTS TIMETABLE

Event No	Time	Event	
		Age Group	Discipline
F1	09.30	U13 boys	long jump
F2	09.45	U15 girls	discus
F3	09.45	U17 women	discus
F4	09.45	senior women	discus
F5	09.45	U15 boys	high jump
F6	09.45	U17men	high jump
F7	10.30	U13 girls	shot
F8	10.30	U15 boys	discus
F9	10.30	U17 men	discus
F10	10.45	U15 girls	high jump pent
F11	11.15	U15 boys	long jump
F12	11.35	U15 boys	shot pent
F13	11.35	U17 men	shot pent
F14	11.35	senior men	shot pent
F15	11.45	U17 women	high jump pent
F16	12.30	U15 boys	long jump pent
F17	12.30	U17 men	long jump pent
F18	12.30	senior men	long jump pent
F19	12.35	U15 boys	shot
F20	12.35	U17 men	shot
F21	12.35	senior men	shot
F22	13.00	U15 girls	high jump
F23	13.00	U17 women	high jump
F24	13.30	U13 girls	long jump
F25	13.30	U11 boys	howler
F26	13.30	U13 boys	shot
F27	14.20	U15 girls	shot
F28	14.20	U17 women	shot
F29	14.20	senior women	shot
F30	14.30	U15 girls	long jump pent
F31	14.30	U17 women	long jump pent
F32	14.35	U15 boys	high jump pent
F33	15.00	U11 girls	howler
F34	15.30	U17 men	high jump pent
F35	15.30	senior men	high jump pent
F36	15.30	U15 girls	shot pent
F37	15.30	U17 women	shot pent
F38	15.30	U15 girls	long jump
F39	16.15	U13 girls	high jump
F40	16.25	U15 boys	triple jump
F41	16.25	U17 men	triple jump
F42	16.25	U17 women	triple jump

PENTATHLON TIMETABLE

Time	Event	
	Age Group	Discipline
10.40	senior men	100 metres
11.35	senior men	shot
12.30	senior men	long jump
15.30	senior men	high jump
16.40	senior men	800 metres
10.35	U17 men	100 metres hurdles
11.35	U17 men	shot
12.30	U17 men	long jump
15.30	U17 men	high jump
16.40	U17 men	800 metres
10.25	U15 boys	80 metres hurdles
11.35	U15 boys	shot
12.30	U15 boys	long jump
14.35	U15 boys	high jump
16.35	U15 boys	800 metres
10.20	U17 women	80 metres hurdles
11.45	U17 women	high jump
14.30	U17 women	long jump
15.30	U17 women	shot
16.30	U17 women	800 metres
10.05	U15 girls	75 metres hurdles
10.45	U15 girls	high jump
14.30	U15 girls	long jump
15.30	U15 girls	shot
16.25	U15 girls	800 metres