



## **22<sup>nd</sup> Wenlock Olympian Triathlon** **Sunday 15th July 2012**

### **Come and participate where it all began!**

Welcome to the Wenlock Olympian Triathlon which is part of the annual Wenlock Olympian Games, founded by Dr William Penny Brookes in 1850. The games in Wenlock sparked the re-birth of the Olympian movement and the Modern Olympic Games. The Wenlock Olympian Triathlon is one of the longest running triathlons in the country. We are proud to organise a triathlon, an Olympic sport, at the birthplace of the Modern Olympics. We hope you enjoy the event and being part of our Olympian heritage.

**Registration and Helmet Check** will be held at Much Wenlock Leisure Centre, Farley Road, Much Wenlock, TF13 6NB. Registration will open at 07.00hrs. Please register minimum 30 minutes before your scheduled start time. First swim start time is 08.00hrs. Helmet check: you must bring your helmet to registration, it will be checked. If you fail to come with a safety approved helmet you will not be allowed to start the event. **NO HELMET, NO RACE**

**The swim** is 500m – 20 lengths. The swim will be in wave starts of 18 athletes with 3 athletes per lane. Athletes will start strictly in order of their forecast swim time. Please be accurate so that we can allocate you to the correct wave.

**Transition Area** is adjacent to the swimming pool. The same area will be used for T1 and T2.

**The bike** leg, 19km, takes an anti-clockwise loop, starting downhill on the A4169 through Farley to Buildwas. After crossing the river Severn, competitors turn left on the B4380 on an undulating road and taking in fantastic views of the Severn's meander at Leighton. The course then turns left to re-cross the river at Cressage, before a steady uphill return through Sheinton and a steeper final climb up to Wenlock.

**The run** 7km is over an undulating course with a mixture of trails, country lanes and footpaths. Athletes will run to the old railway line and descend towards Farley. On meeting the country lane, the course turns right for a steady uphill stretch and then a steeper climb to Wyke, where there is a turn around. Athletes will retrace their steps on the lane as far as Bradley Farm, and then follow the old course back through the footpaths and fields to the Gaskell Field. The finish is at the Gaskell Field in Much Wenlock, which is the location of original Olympic Games in 1850, and also the location of many of the other events of the Wenlock Olympian Games.

The organisers reserve the right to change the course for any reason, but especially to comply with safety instructions of permitting organisations (Police/BTF/landowners/etc).

**Changing Facilities:** showers and changing rooms are available in the leisure centre.

**Parking:** Limited free parking available at the leisure centre. Additional parking available in Much Wenlock.

### **Presentations to:**

Under 40 male & female

1<sup>st</sup> – 2<sup>nd</sup> – 3<sup>rd</sup>

Over 40 male & female

1<sup>st</sup> – 2<sup>nd</sup> – 3<sup>rd</sup>

Over 50 male & female

1<sup>st</sup> – 2<sup>nd</sup> – 3<sup>rd</sup>

Over 60 male and female

1<sup>st</sup> – 2<sup>nd</sup> – 3<sup>rd</sup>

T Shirt & Medal for all finishers. Computerised results service.

Accepted entries will be posted to the website regularly from 20th April 2012. Starting times will be posted to the website on 25<sup>th</sup> June 2012.

To view the website visit [www.wenlock-olympian-society.org.uk](http://www.wenlock-olympian-society.org.uk) and select the "Games" tab. You will then see the Triathlon link.

Communication to athletes will be via the website only, no emails or letters will be sent. All updates will be put on the website.

Results will be posted on the website as soon as possible after the event.

### **2012 Celebrations in Much Wenlock**

On Thursday 12th July there will be an **Opening Ceremony** with a procession from the town to the Linden Field followed by a performance of the Official Olympic Welcome Song by Eliza Carthy. Athletes from all the events of the games are invited to the Opening Ceremony.

On Saturday 14th July a **Wenlock Olympian Games Celebration** will be held in the town with Street markets, entertainment and exhibitions. We encourage you to come to Wenlock and enjoy the festivities.

For a full programme of events for the town of Much Wenlock see [www.muchwenlockguide.info/2012/2012-events.shtml](http://www.muchwenlockguide.info/2012/2012-events.shtml)

*Contact details for organisers:*

*Email: [wenlocktri@hotmail.co.uk](mailto:wenlocktri@hotmail.co.uk)*

*Phone: 07984 190973*

